

| Organization   | Description   | Contact/Links  |
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| anova  | A feminist organization in London that provides trauma and violence informed supports and services to survivors of abuse and sexual violence.   | Website:<br><a href="https://www.anovafuture.org/">https://www.anovafuture.org/</a><br>Crisis support lines:<br>519-642-3000<br>1-800-265-1576 (toll free)<br>Non-crisis:<br>519-642-3003  |
| Opening the Circle   | Opening the Circle is a two year project (2013-2015) funded by the Department of Justice and hosted by the Sexual Assault Centre London. The project brought together people impacted by sexual abuse/violence to build community and create useful tools that can help others now and in the future. | Website:<br><a href="http://www.openingthecircle.ca/">http://www.openingthecircle.ca/</a><br>Facebook page:<br><a href="https://www.facebook.com/Opening-the-Circle-1444768045809914/">https://www.facebook.com/Opening-the-Circle-1444768045809914/</a><br>Contact page:<br><a href="http://www.openingthecircle.ca/contact">http://www.openingthecircle.ca/contact</a> |
| Good2Talk  | A confidential support service for students in Ontario, via phone or text.  | <a href="https://good2talk.ca/">https://good2talk.ca/</a><br>1-866-925-5454<br>Text GOOD2TALKON to 686868  |
| LGBT Youth Line  | Confidential, non-judgemental, and informed peer support for LGBTTTQQ2SI folks  | Website:<br><a href="https://www.youthline.ca/">https://www.youthline.ca/</a><br>647-694-4275<br>Live chat available online  |
| Gender-Based Violence and Survivor Support - Western Health and Wellness | A Western-run initiative where folks can make disclosures and/or file complaints regarding various types of sexual harassment/assault.  | Website:<br><a href="https://www.uwo.ca/health/student_support/survivor_support/index.html">https://www.uwo.ca/health/student_support/survivor_support/index.html</a>  |
| Foot Patrol  | Volunteer-run Western service to ensure safety when walking at night.   | Website:<br><a href="https://www.uwo.ca/footpatrol/">https://www.uwo.ca/footpatrol/</a><br>Phone:<br>519-661-3650  |
| London Crisis Services   | A selection of local crisis services.   | <a href="https://cmhamiddlesex.ca/programs-services/crisis-services/">https://cmhamiddlesex.ca/programs-services/crisis-services/</a>  |

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| Reach Out | Free, 24/7, confidential mental health and addictions support and services line for people living in Elgin, Middlesex and Oxford and London. | Website:<br><a href="https://reachout247.ca/">https://reachout247.ca/</a><br>Phone/Text:<br>519-433-2023<br>Toll Free:<br>1-866-933-2023<br>Live chat available online |
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